



COISTE ATHA CLIATH

DUBLIN GAA COACHING CONFERENCE 2006

Improving our Games through Training & Development



Coaching & Games Development Programme 2005-2006

Coaching & Games

Development Programme 2005-2006



The Training and Development Programme run by the Dublin Coaching and Games Committee will begin in September. The scheme, which first began last year, was a tremendous success and this year there will be a sustained effort to maintain the same high standards, whilst also improving upon the programme in a number of ways. The success of last year's programme was underlined by the high attendances throughout and the extremely positive feedback that was received from those in attendance. The aim of the programme is to provide coaches with up-to-date knowledge and innovative techniques with respect to training methods, delivered by the top experts in a variety of fields.

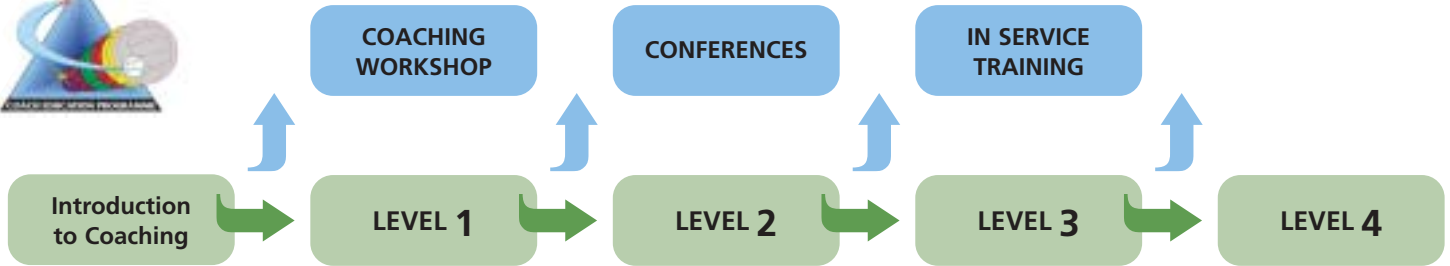
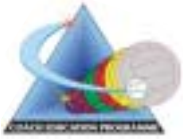
This information will in turn filter down to players which will have a positive impact with regard to improving the standard of Gaelic Games in Dublin. The Coaching Department has adopted a philosophy that whenever people and facilities are

brought together with leadership, in a manner that is planned, managed and supported, Gaelic Games in Dublin can be optimally developed.

Events such as this are vitally important for the development of Gaelic Games in Dublin

In an attempt to modernise our operations and make our courses more accessible to the public, a website has been established. This website will contain details, such as pictures and descriptions of all up coming workshops. To reserve a place for a workshop, simply register online by logging onto www.dublingaagamesdevelopment.ie.





PROGRAMME AIMS:

- Provide support to coaches and mentors
- Daily support for coaches
- Provide integrated Coach Education Pathway.
- Nurture the Coaching Ladder

However be aware that places are limited. A database has also been created and contains all information regarding course application and accreditation for every person who attends a course.

In addition to setting up a website and database we have expanded the already wide variety of workshops that were available last year. Some of these new workshops include: nutrition for athletes, psychology based sessions, performance analysis and a Conditioning for Gaelic Games instructor's

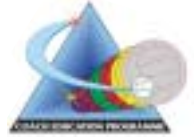
course consisting of eight modules that will be run in DCU. In addition to the practical skills workshops, the Coaching Education Programme (CEP) will provide a greater level of knowledge applicable to each grade of the coaching process. The CEP is a coaching ladder which consists of four major developmental stages (for both Hurling and Football), beginning with Foundation Level (juvenile) and culminating at Level 4 (advanced inter county).

Ba bhuntáiste é an clár seo do chlibanna agus tá súil agam go mbéidh go leoir tacaíocht don chlár.

Gearóid O'Conchuir
Bainisteoir na gCluichí



COACH ADMINISTRATOR REFEREE EDUCATION (CARE)



COACH EDUCATION PROGRAMME

Foundation
Level 1 Football
Level 1 Hurling
Level 2 Football
Level 2 Hurling
Foundation Tutor Training
Level One Tutor Training
Coaching Assistance

REFEREE EDUCATION

Go Games Referee Course
Young Referee Course
Go Games Referee Forum

ADMINISTRATOR EDUCATION

Club Development
Code of Best Practice
Comhairle Programme
Volunteer Recruitment
Performance Management Workshop
Basic First Aid Course
Go Games Rules
GPO Best Practice Workshop

APPLIED LIFELONG LEARNING(ALL):

COACHING CONFERENCES

National Coaching Forum
Leinster Hurling Workshop Residential
Dublin Coaching Conference

PRACTICAL COACHING WORKSHOPS

Hurling

Indoor Hurling Drills
Goalkeeping Practices
A Games Approach to Practice
Coaching the Tackle
Advanced Drills - Overhead Play
Wall Ball Activity
Developing Fundamentals
Advanced Drills - Striking
Improving Skill Practices - Ground Striking

Football

Kicking for Possession
The Tackle
Games for Better Team Play
Developing Attacking Play
Fitness with the Ball
Improving Evasion Techniques
Improving Skill Practice - Handling
Developing Physical Literacy
Drills for Improving Football Skills
Goalkeeping Clinic **
Goalkeeping Workshops

*** Development Squad Players Only*



GPO IN-SERVICE

Foundation Tutor Training
 Understanding & Improving Hurling Skills
 Regional GPO Report Meeting
 Project Management
 GPO Induction Course
 Summer Camp Training
 Presentation Skills
 Performance Coaching
 Effective Mentoring & Observation

HURLEY REPAIR WORKSHOPS

Hurley Repair (Basic)
 Hurley Repair (Advanced)

HANDBALL

Handball for Beginners

CODE THEME:

GIS	GPO In-service
CPD	Practical Coaching Workshop
CEP	Coach Education Programme
AE	Administrator Education
H&W	Health & Well Being
CC	Coaching Conferences
HRC	Hurley Repair Course
HB	Handball
RE	Referee Education

HEALTH & WELL BEING WORKSHOPS

Physical Conditioning Workshops

Dynamic Warm-Up & Stretching
 Strength Training for Gaelic Footballers
 Innovative Training Techniques
 Enhancing Performance through Balance Training
 Speed Training
 Developing Core Stability
 Conditioning for Gaelic Games; Instructor's Course:

Sports Nutrition

Fueling For Young Players
Communications:
 Positive Behaviour Managing
 Conducting Team Talks
Psychology
 Mental Rehearsal
 Games for Mental Fitness
Performance Analysis
 A Modern Coaching Tool



SEPTEMBER



Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Tue	05/09/06	GPO In-service Training	Yearly Business Meeting	Parnell Park	Coaching Dept.	2pm - 5pm
Thu	07/09/06	GPO In-service Training(1)	Foundation Tutor Training (GIS14)	Parnell Park	B. Harpur & J.Ryan	9:30am - 4pm
Fri	08/09/06	GPO In-service Training(2)	Foundation Tutor Training (GIS14)	Parnell Park	B. Harpur & J.Ryan	9:30am - 4pm
Mon	11/09/06	GPO In-service Training	Induction Training - New GPO's (GIS12)	Parnell Park	TBA	10am - 4pm
Tue	12/09/06	GPO In-service Training	Induction Training - New GPO's (GIS12)	Parnell Park	TBA	10am - 4pm
Wed	13/09/06	GPO In-service Training	Induction Training - New GPO's (GIS12)	Parnell Park	TBA	10am - 4pm
Thu	14/09/06	GPO In-service Training	Induction Training - New GPO's (GIS12)	Parnell Park	TBA	10am - 4pm
Fri	15/09/06	GPO In-service Training	Induction Training - New GPO's (GIS12)	Parnell Park	TBA	10am - 4pm
Mon	25/09/06	Club Administration	Performance Management Workshop (AE01)	Naomh Mearnog	Eimear Dignam	7:30pm - 9.30pm
Mon	25/09/06	Club Administration	Performance Management Workshop (AE01)	St. Oliver Plunketts	Colm Mc Ginity	7:30pm - 9.30pm
Mon	25/09/06	Club Administration	Performance Management Workshop (AE01)	St Marks	Ciara Ferry	7:30pm - 9.30pm
Tue	26/09/06	GPO In-service Training	Understanding & Improving Hurling Skills (GIS06)	Parnell Park	P. Butler & J. Carton	9.30am - 4pm
Tue	26/09/06	Coaching Assistance	Coach Training Programme	Parnell Park	Ger O' Connor	7:30pm - 9.30pm
Thu	28/09/06	Coaching Assistance	Coach Training Programme	Parnell Park	Ger O' Connor	7:30pm - 9.30pm



OCTOBER

Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Wed	04/10/06	Code of Best Practice	Child/Coach Protection (AE02)	St Finians (Swords)	Dermot Howlin	7:30pm - 9:30pm
Tue	10/10/06	Foundation Course	Coach Training Programme	Parnell Park	Tutor Group	7:30pm - 10:30pm
Wed	11/10/06	Hurley Repair Course (Basic)	Repair & Banding (HRC01)	Hartstown C.C	John O' Sullivan	7pm - 10pm
Thu	12/10/06	Foundation Course	Coach Training Programme	Parnell Park	Tutor Group	7:30pm - 10:30pm
Thu	12/10/06	Gaelic Games Conditioning Course:	Unit 1 - Training Theory	DCU	DCU Sports Science	6pm - 9pm
Sat	14/10/06	Foundation Course	Coach Training Programme	Parnell Park	Tutor Group	10am - 1pm
Wed	18/10/06	Hurley Repair Course (Basic)	Repair & Banding (HRC01)	Hartstown C.C	John O' Sullivan	7pm - 10pm
Thu	19/10/06	Gaelic Games Conditioning Course:	Unit 2 - Basic Exercise Physiology	DCU	DCU Sports Science	6pm - 9pm
Fri	20/10/06	Practical Hurling Coaching	Indoor Hurling Drills (CPDh02)	Naomh Fionnbarra	Martin Nolan	7:30pm - 9pm
Fri	20/10/06	Practical Hurling Coaching	Indoor Hurling Drills (CPDh02)	Round Towers©	Mark Mc Manus	7:30pm - 9pm
Fri	20/10/06	Practical Hurling Coaching	Indoor Hurling Drills (CPDh02)	Naomh Olaf	Niall Corcoran	7:30pm - 9pm
Sat	21/10/06	Gaelic Games Conditioning Course:	Unit 3 - Resistance Training - Practical	DCU	DCU Sports Science	9am - 12pm
Wed	25/10/06	Hurley Repair Course (Basic)	Repair & Banding (HRC01)	Hartstown C.C	John O' Sullivan	7pm - 10pm
Fri	27/10/06	Goalkeeping Football Workshop	Working with Goalkeepers (CPDf02)	Round Towers Lusk	Gray Matthews	7:30pm - 9pm
Tue	31/10/06	GPO In-Service	Performance Coaching - Football (GIS07)	Parnell Park	Roger Keenan	10am - 4pm

NOVEMBER



Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Thu	02/11/06	Gaelic Games Conditioning Course: Unit 4 - Implementing a Resistance Prog.		DCU	DCU Sports Science	6pm - 9pm
Thu	02/11/06	Code of Best practice	Child/Coach protection (AE02)	St Peregrines	Dermot Howlin	7:30pm - 9.30pm
Mon	06/11/06	Level One F/H (1)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Tue	07/11/06	GPO Team Meeting	Regional GPO Report Meeting (GIS13)	Parnell 's	Eimear Dignam	3:30pm - 5pm
Tue	07/11/06	GPO Team Meeting	Regional GPO Report Meeting (GIS13)	Oliver Plunketts	Colm McGinty	3:30pm - 5pm
Tue	07/11/06	GPO Team Meeting	Regional GPO Report Meeting (GIS13)	Kilmacud Crokes	Ciara Ferry	3:30pm - 5pm
Tue	07/11/06	First Aid Course	Basic First Aid Training (AE07)	Parnell Park	Marie Lawlor	7:30pm - 9.30pm
Wed	08/11/06	Level One F/H (2)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Fri	11/11/06	Leinster Hurling Workshop	Development Squad Coaches Residential	St. Kierans Col Kilkenny	TBA	7pm - 9pm
Sat	12/11/06	Leinster Hurling Workshop	Development Squad Coaches Residential	St. Kierans Col Kilkenny	TBA	9am - 4pm
Mon	13/11/06	Level One F/H (3)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Tue	14/11/06	Gaelic Games Conditioning Course: Unit 5 - Developing Speed & Agility		DCU	DCU Sports Science	6pm - 9pm
Tue	14/11/06	First Aid Course	Basic First Aid Training (AE07)	Parnell Park	Marie Lawlor	7:30pm - 9.30pm
Wed	15/11/06	Level One F/H (4)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Wed	15/11/06	Advanced Hurling Repair	Piecing & Dowling (HRC02)	St David S.C. Artane	John O' Sullivan	7pm - 10pm
Sat	18/11/06	Practical Football Coaching	Fitness with the Ball (CPDf07)	Clanna Gael Fontenoy	Brian Ladden	10am - 11.30am
Mon	20/11/06	Level One F/H (5)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Wed	22/11/06	Gaelic Games Conditioning Course: Unit 6 - Measuring Speed/Agility/Power		DCU	DCU Sports Science	6pm - 9pm
Wed	22/11/06	Advanced Hurling Repair	Piecing & Dowling (HRC02)	St David S.C. Artane	John O' Sullivan	7pm - 10pm
Wed	22/11/06	Level One F/H (6)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Fri	24/11/06	GAA National Coaching Conf.	New Coaching Initiatives (CC01)	Croke Park	TBA	7:30pm - 10pm
Sat	25/11/06	GAA National Coaching Conf.	New Coaching Initiatives (CC01)	Croke Park	TBA	10am - 4pm
Mon	27/11/06	Go Games Refs Forum	Referee Development	Parnell Park	D Harrington/D Doran	7:30pm - 8.30pm
Mon	27/11/06	Go Games Refs Forum	Referee Development	Fingallians GAA Club	T Ryan/K Donoghue	7:30pm - 8.30pm
Mon	27/11/06	Go Games Refs Forum	Referee Development	Good Counsel	T Fitzpatrick	7:30pm - 8.30pm
Mon	27/11/06	Level One F/H (7)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Tue	28/11/06	Gaelic Games Conditioning Course: Unit 7- Developing Flexibility & Endurance		DCU	DCU Sports Science	6pm - 9pm
Wed	29/11/06	Level One F/H (8)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm



DECEMBER

Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Sat	02/12/06	Gaelic Games Conditioning Course:	Unit 8 - Measuring Flexibility & Endurance	DCU	DCU Sports Science	9.00am - 12pm
Mon	04/12/06	Level One F/H(9)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Mon	04/12/06	Young Refs Course F&H	Referee Development (RF02)	Parnell Park	D Harrington/D Doran	7pm - 9pm
Tue	05/12/06	Code of Best Practice	Child/Coach protection (AE02)	Ballyboden St Endas	Dermot Howlin	7:30pm - 9.30pm
Wed	06/12/06	Level One F/H(10)	Coach Development	N.Mearnog (F) Cuala (H)	Tutor Group	7:30pm - 10pm
Fri	08/12/06	Goalkeeping Clinic - Football	Working with Goalkeepers (CPDf01)	Clanna Gael Fontenoy	Mick O' Shea	7:30p.m - 9pm
Sat	09/12/06	Practical Hurling Coaching	Improving Skill Practices - Ground Striking (CPDh10)	Naomh Barróg	Justin McCarthy	11am - 12.30am
Sat	09/12/06	Gaelic Games Conditioning Course:	Unit 9 - Nutrition for Gaelic Games	DCU	DCU Sports Science	9am - 12pm
Mon	11/12/06	Communications:	Conducting Team Talks (CM02)	Parnell Park	Val Andrews	7:30pm - 9pm
Wed	13/12/06	Psychology	Games for Mental Fitness (PP02)	St Vincent's	J Morrison	7.30pm - 9.30pm
Wed	13/12/06	Gaelic Games Conditioning Course:	Unit 10 - Special Consideration for Children & Females	DCU	DCU Sports Science	6pm - 9pm
Fri	15/12/06	Goalkeeping Hurling Workshop	Working with Goalkeepers (CPDh01)	Ballymun Kickhams	Damien Young	7:30pm - 9pm

JANUARY



Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Sat	06/01/07	Practical Football Coaching	Kicking for Possession (CPDf03)	Naomh Barróg	Brian Talty	10am - 11.30am
Thu	11/01/07	GPO In-service	Effective Mentoring & Observation (GIS08)	Parnell Park	Liam Moggan	10am - 4.30pm
Fri	12/01/07	Physical Conditioning	Dynamic Warm-up (PC01)	Erin's Isle	P.Christe/R.Crean	7.30pm - 9pm
Sat	13/01/07	Practical Football Coaching	Games for Better Team Play (CPDf08)	St Sylvesters	Roger Keenan	10am - 11.30am
Mon	15/01/07	Level One F/H (1)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 10pm
Mon	15/01/07	GPO In-service	Project Management - group 1 (GIS09)	Lucan Sarfields	E O' Donnell	10am - 4.30pm
Mon	15/01/07	GPO In-service	Presentation Skills - group 2 (GIS10)	Parnell park	Coaching NI	10am - 4.30pm
Tue	16/01/07	GPO In-service	Project Management - group 3 (GIS09)	Lucan Sarfields	E O' Donnell	10am - 4.30pm
Tue	16/01/07	GPO In-service	Presentation Skills - group 1 (GIS10)	Parnell park	Coaching NI	10am - 4.30pm
Wed	17/01/07	GPO In-service	Project Management - group 2 (GIS09)	Lucan Sarfields	E O' Donnell	10am - 4.30pm
Wed	17/01/07	GPO In-service	Presentation Skills - group 3 (GIS10)	Parnell Park	Coaching NI	10am - 4.30pm
Wed	17/01/07	Level One F/H (2)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 10pm
Fri	19/01/07	Physical Conditioning	Strength Training for Footballers (PC05)	Whitehall Colmcille	Will Hefferman	7:30pm - 9pm
Sat	20/01/07	Practical Hurling Coaching	Coaching the Tackle (CPDh04)	Crumlin	Paudie Butler	10am - 11.30am
Mon	22/01/07	Level One F/H (3)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 9pm
Tue	23/01/07	Club Administration	Comhairle Programme (AE03)	Parnell Park	Susan Naughton	7:30pm - 9pm
Wed	24/01/07	Level One F/H (4)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 9pm
Fri	26/01/07	Physical Conditioning	Innovative Training Techniques (PC06)	Thomas Davis	Mick Bohan	7:30pm - 9pm
Sat	27/01/07	Practical Hurling Coaching	A Games Approach to Practice (CPDh11)	Na Fianna	M Fogarty	10am - 11.30am
Mon	29/01/07	Level One F/H (5)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 9pm
Tue	30/01/07	Club Administration	Volunteer Recruitment (AE04)	Parnell Park	Nancy Nunez	7:30pm - 9pm
Wed	31/01/07	Level One F/H (6)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 9pm



FEBRUARY

Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Thu	01/02/07	Physical Conditioning	Dynamic Warm-Up/Stretching (PC01)	St. Judes	P Christie/R Crean	7.30pm - 9pm
Fri	02/02/07	Practical Hurling Coaching	Advanced Drills - Striking (CPDh09)	Ballymun	Ken Hogan	7:30pm - 9pm
Sat	03/02/07	Dublin Coaching Conference	New Coaching Initiatives (CC03)	Parnell Park	TBA	10:30am - 5pm
Mon	05/02/07	Level One F/H (7)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 10pm
Mon	05/02/07	Go Games Refs Course (1)	Referee Development (RF03)	Parnell Park	D Harrington/D Doran	7:30pm - 9:30pm
Mon	05/02/07	Go Games Refs Course (1)	Referee Development (RF03)	Fingallians	T Ryan/K O' Donoghue	7:30pm - 9:30pm
Mon	05/02/07	Go Games Refs Course (1)	Referee Development (RF03)	Good Counsel	T Fitzpatrick	7:30pm - 9:30pm
Tue	06/02/07	Gaelic Games Conditioning Course: Unit 11- Developing Training Programmes		DCU	DCU Sports Science	6pm - 9pm
Tue	06/02/07	Sports Nutrition	Fueling for Young Players (SN01)	Parnell Park	National Diary Council	7:30pm - 9pm
Tue	06/02/07	Go Games Workshops	Go Games Rules (AE05)	Raheny	P Gorey/C Duggan	7:30pm - 9pm
Tue	06/02/07	Go Games Workshops	Go Games Rules (AE05)	St. Brigids	T Broderick/T Brennan	7pm - 9pm
Tue	06/02/07	Go Games Workshops	Go Games Rules (AE05)	Kilmacud Crokes	P Stephens/P McDonald	7:30pm - 9pm
Wed	07/02/07	Handball	Handball for Beginners (CPDhb1)	St Brigids	Enda Timoney	10am - 11.30am
Wed	07/02/07	Level One F/H (8)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30 - 10pm
Wed	07/02/07	Go Games Refs Course (2)	Referee Development (RF03)	Parnell Park	D Harrington/D Doran	7:30pm - 9:30pm
Wed	07/02/07	Go Games Refs Course (2)	Referee Development (RF03)	Fingallians	T Ryan/K O' Donoghue	7:30pm - 9:30pm
Wed	07/02/07	Go Games Refs Course (2)	Referee Development (RF03)	Good Counsel	T Fitzpatrick	7:30pm - 9:30pm
Thu	08/02/07	Practical Hurling Coaching	Wall Ball Activity (CPDh06)	Na Fianna	Lester Ryan	7:30pm - 9pm
Fri	09/02/07	Practical Hurling Coaching	Developing Fundamentals (CPDh08)	St Pergrines	Joey Carton	7:30pm - 9pm
Sat	10/02/07	Practical Football Coaching	Improving Skills - Handling (CPDf09)	St Pats Palmerstown	P Clarke	10am - 11.30am
Mon	12/02/07	Level One F/H (9)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 10pm
Fri	16/02/07	Physical Conditioning	Speed Training (PC04)	DCU	Daniel Tobin	7:30pm - 9pm
Sat	17/02/07	Practical Football Coaching	Drills to improve Football Skills (CPDf10)	UCD	Pat Stephens	10am - 11.30am
Mon	19/02/07	Level One F/H (10)	Coach Development	Parnells (H) St. Marks (F)	Tutor Group	7:30pm - 10pm
Wed	21/02/07	Physical Conditioning	Innovative Training Techniques (PC06)	St Judes	Mick Bohan	7:30pm - 9pm
Sat	24/02/07	Practical Football Coaching	Developing Attacking play (CPDf11)	Fingallians	John Morrison	10am - 11.30am
Tue	27/02/07	GPO In-service Training (1)	Foundation Tutor Training (GIS14)	Parnell Park	B Harpur/J.Ryan	10am - 4pm
Wed	28/02/07	GPO In-service Training (2)	Foundation Tutor Training (GIS14)	Parnell Park	B Harpur/J.Ryan	10am - 4pm
Wed	28/02/07	Communications	Positive Behaviour Managing (CC02)	Crumlin	Paudie O'Neill	7:30pm - 9pm

MARCH



Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Fri	02/03/07	Practical Football Coaching	Developing Physical Literacy (CPDf12)	Fingallians	T Mc Williams	7.30pm - 10pm
Sat	03/03/07	Gaelic Games Conditioning Course	Unit 12-Project Presentation	DCU	DCU Sports Science	9am - 12pm
Wed	07/03/07	Psychology	Mental Rehearsal (PP01)	Oliver Plunketts	B Harpur	7.30pm - 9pm
Fri	09/03/07	Practical Hurling Coaching	Advanced Drills - Overhead Play (CPDh05)	Erins Isle	Noel O' Sullivan	7:30pm - 9pm
Fri	09/03/07	Practical Hurling Coaching	Advanced Drills - Overhead Play (CPDh05)	UCD	Paudie O'Neill	7:30pm - 9pm
Sat	10/03/07	Gaelic Games Conditioning Course	Unit 13-Project Presentation	DCU	DCU Sports Science	9am - 12pm
Sat	10/03/07	Practical Football Coaching	Tackle (CPDf06)	St. Brigids	Mickey Whelan	10am - 11.30am
Wed	14/03/07	Physical Conditioning	Developing Core Stability (PC03)	Faughs	Will Heffernan	7:30pm - 9pm
Tue	20/03/07	Foundation Football Course	Coach Development	TBA	Tutor Group	7:30pm - 10pm
Wed	21/03/07	Performance Analysis	A Modern Coaching Tool (PA01)	Parnell Park	Stephen Carroll	7.30pm - 9pm
Thu	22/03/07	Foundation Football Course	Coach Development	TBA	Tutor Group	7:30pm - 10pm
Sat	24/03/07	Practical Football Coaching	Improving Evasion Techniques (CPDf13)	Ballymun	Val Andrews	10am - 11.30am
Wed	28/03/07	Physical Conditioning	Enhancing Performance through Balance Training (PC07)	Whitehall	Louis O' Connor	7:30pm - 9.30pm
Thu	29/03/07	Foundation Hurling Course	Coach Development	TBA	Tutor Group	7:30pm - 10pm
Sat	31/03/07	Foundation Hurling Course	Coach Development	TBA	Tutor Group	10am - 12.30pm



APRIL

Day	Date:	Event:	Description:	Venue:	Tutors	Time
Fri	13/04/07	Level Two(1) (F&H)	Coach Development	TBA	Tutor Group	7:30pm - 10.30pm
Tue	17/04/07	GPO Team Meeting	Regional GPO Report Meeting (GIS13)	Craobh Chiarain	Eimear Dignam	3:30pm - 5pm
Tue	17/04/07	GPO Team Meeting	Regional GPO Report Meeting (GIS13)	St. Brigids	Colm McGinty	3:30pm - 5pm
Tue	17/04/07	GPO Team Meeting	Regional GPO Report Meeting (GIS13)	Ballyboden St. Endas	Ciara Ferry	3:30pm - 5pm
Fri	20/04/07	Level Two(2) (F&H)	Coach Development	TBA	Tutor Group	7:30pm - 10.30pm
Fri	27/04/07	Level Two (3) (F&H)	Coach Development	TBA	Tutor Group	7:30pm - 10.30pm

MAY

Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Fri	11/05/07	Level Two (4) (F&H)	Coach Development	TBA	Tutor Group	7:30pm - 10.30pm
Mon	14/05/07	Club Administration	GPO Best Practice Workshop (AE08)	Clontarf	B Harpur/G O'Connor	7:30pm - 9.30pm
Wed	16/05/07	Club Administration	GPO Best Practice Workshop (AE08)	St. Peregrines	B Harpur/G O'Connor	7:30pm - 9.30pm
Thu	17/05/07	Club Administration	GPO Best Practice Workshop (AE08)	Ballyboden St Endas	B Harpur/G O'Connor	7:30pm - 9.30pm
Fri	18/05/07	Level Two (5) (F&H)	Coach Development	TBA	Tutor Group	7:30pm - 10.30pm
Fri	25/05/07	Level Two(6) (F&H)	Coach Developmant	TBA	Tutor Group	7:30pm - 10.30pm

JUNE

Day:	Date:	Event:	Description:	Venue:	Tutors	Time
Tue	12/06/07	GPO In-service	Summer Camp Training (GIS11)	Parnell Park	Ger O' Connor	10am - 2.30pm
Wed	20/06/07	Club Development	Summer Camp Training (AE06)	Parnell Park/O'Toole Park	Dublin GPO's	11am - 4pm
Thu	21/06/07	Club Development	Summer Camp Training (AE06)	Parnell Park/O'Toole Park	Dublin GPO's	11am - 4pm

JULY



Day:	Date:	Event:	Description:	Venue:	Contact:	Tutors	Time
Fri	06/07/07	Level Two(7) (F&H)	Coach Development	TBA	Ger O' Connor	Tutor Group	7:30pm - 10.30pm
Sat	07/07/07	Level Two(8) (F&H)	Coach Development	TBA	Ger O' Connor	Tutor Group	7:30pm - 10.30pm

AUGUST

Day:	Date:	Event:	Description:	Venue:	Contact:	Tutors	Time
Fri	24/08/07	Level Two(9) (F&H)	Coach Development	TBA	Ger O' Connor	Tutor Group	7:30pm - 10.30pm
Sat	25/08/07	Level Two(10) (F&H)	Coach Development	TBA	Ger O' Connor	Tutor Group	7:30pm - 10.30pm



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PLEASE CONFIRM IN ADVANCE THE DATES, TIMES AND VENUES WITH THE CONTACTS, AS THEY MAY BE SUBJECT TO CHANGE.

For more details see: www.dublingaagamesdevelopment.ie or book online