

HI I'M ANTÓIN Ó CLÉIRIGH AND I'M THE
MIND UR BUDDY

DESIGNATED CONTACT PERSON
FOR CASTLEKNOCK AND AM DIRECTLY
LINKED WITH **PIETA HOUSE**

IF YOU HAVE CONCERNS RELATING TO YOU OR ANYONE ELSE WHO YOU
THINK MAY BE IN SUICIDAL CRISIS, OR ENGAGING IN SELF-HARM,
PLEASE DO NOT HESITATE TO CONTACT ME ON

086 865 0863

PIETA HOUSE OFFERS FREE, ONE TO ONE THERAPY FOR THOSE WHO ARE
FEELING SUICIDAL, OR WHO ENGAGE IN SELF-HARMING BEHAVIOURS

YOU CAN ALSO CONTACT PIETA HOUSE DIRECTLY

Call: 01 601 0000 | E-mail: mary@pieta.ie | Web: www.pieta.ie



Pieta  House

MIND OUR MEN

